

## SUMMER FESTIVALS

Saturday, July 19, 2025 – TROUT FESTIVAL

Saturday, August 2, 2025 – SNOVIČEK's  
FESTIVAL

## SWIMMING POOL ANIMATIONS

### GROUP WATER EXERCISE

Monday to Sunday 10:00 AM – 10:30 AM

Monday to Friday 5:00 PM – 5:30 PM

### KNEIPP'S HYDROTHERAPY & SHORT BAREFOOT PATH WALK

Every day 10:30 AM – 11:00 AM

### NIGHT SWIMMING (INDOOR POOL)

Wednesdays, Fridays, and Saturdays 8:00 PM –  
10:00 PM

## ANIMATIONS FOR KIDS

Water animation, creative workshops, a treasure hunt, visits from Snoviček the dwarf (the spa's mascot), cooking workshops, board games, evening programs for children, a mini disco, a children's fairy tale book corner, and kids' bingo.

**Fun yoga** for children every Thursday in July and August at 4:30 PM

**Zumba Kids sessions** on Tuesdays (July 8, 15, 22, 29 and August 19, 26), and movement and dance workshops on July 1, August 5 and 12.

## FOR ACTIVE SPORTS ENTHUSIASTS

**Outdoor group exercise sessions (Schools of Health" project)** from Mon to Fri 8:00 - 8:30 AM  
**Healthy Summer activities with the Kamnik Health Promotion Centre** every Wed from 11:00 AM to 1:00 PM.

**Electric bike rental** daily 7:00 AM - 9:00 PM

## FAMILY FUN EVENTS

**Picnic Cinema (open-air movie nights under the stars)** Tuesdays at 9:00 PM

- July 15 – Superman
- July 22 – The Smurfs
- August 5 – The Naked Gun
- August 12 – Freakier Friday

### Live music evenings on the terrace

Every Monday from 8:00 PM

### Torchlit hike to the source of thermal water

Every Friday in July and August at 8:30 PM

### Marshmallow Party

Every Friday in July and August at 9:30 PM

Traditional games and evening fun, tombola,  
**Family fun evenings, Mini disco with Snovček the maskot, Fun quiz on the terrace**

## FOR BODY & MIND HARMONY

### Kneipp barefooth family walk\*

Every Thursday in July and August from 5:00 PM to 7:00 PM

### Kneipp Premium Barefoot Experience\*

June - September by appointment, 3 hour experience

### Forest experience with meditation\*

21.6.2025 at 13:00; between 11:00 AM and 1:30 PM 12.7., 26.7., 9.8., 23.8

## EXPLORING LOCAL FLAVORS OF THE TUHINJ VALLEY AND KAMNIK

**Slovenian theme evening with live music** in July  
August on Saturdays 6:30 PM - 8:30 PM

### Homemade Iced Herbal Tea:

Wednesdays: 5:30 PM

**Healthy Snack:** Fridays: 5:30 PM

### DISCOVER our GREEN STORY

Every Thursday in July and August at 11:00 AM

We reserve the right to make changes to the program.

For additional and up-to-date information about all events and programs, ask at the reception desk. The programs are free for guests visiting the pool, except where otherwise indicated (\*). Registrations for paid events are mandatory at the reception desk, or by phone or via e-mail.



## Guided experiential experiences RECONNECT WITH NATURE AND RELAX

*Allow us to take you to the pristine nature of the Tuhinj Valley. You will get to know the Kneipp's philosophy of a healthy lifestyle for the harmony of body and mind. You will find inner peace and forget the stress of everyday life. We will take you in the footsteps of Sebastian Kneipp and his five pillars for maintaining the health of the body and mind: water, exercise, nutrition, herbs and a healthy lifestyle.*

### FAMILY BAREFOOTH KNEIPP EXPERIENCE

#### EXPERIENCE INCLUDES:

Introduction to Kneipp's life philosophy, natural reflexology massage, trial of Kneipp hydrotherapy, tasty Kneipp snack, guided relaxation, and a test of all five senses.

#### Dates:

Every Thursday in July and August, from 5 PM to 7 PM.

#### Price:

€ 35 per family (up to 2 adults and 3 children)  
€ 15 per person for individuals



### KNEIPP'S PREMIUM BAREFOOT EXPERIENCE

**Certified as "Genuinely Slovenian"**

#### PREMIUM EXPERIENCE INCLUDES:

An upgrade to the "Guided Kneipp Barefoot Path" experience, a delicious welcome treat, a guided mindfulness exercise, demonstration and application of Kneipp treatments (Kneipp affusions, dry brushing and self-massage, hand water bath, stork walk), and a gift.

#### Dates:

By prior reservation, 3 hour experience

#### Price:

€ 69 per person

### FOREST EXPERIENCE WITH MEDITATION

#### EXPERIENCE INCLUDES:

Relaxation in hammocks, guided meditation, exercises for effective stress management, natural foot reflexology, introduction to Sebastian Kneipp's philosophy, exercises for harmonizing the body with your own sound, developing mindfulness, a drink with healing thermal water, and a healthy snack.

#### Dates:

21.6., 12.7., 26.7., 9.8., 23.8.

#### Price:

€ 25 per person (external guests)  
€ 18 per person (guests of the apartment complex)



**Perfect for individuals,  
families, friends, groups.**



Guided experiences take place in the surroundings of our thermal resort.

All programs must be registered in advance at the reception desk, on the phone number  
**+386 1 83 44 100** or via e-mail **booking@terme-snovik.si**.

Meeting point: reception. Sportswear is recommended. Programs are held also in bad weather.